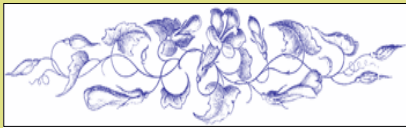


Alexander's Country Inn,
Restaurant & Day Spa at
Mount Rainier

Located in Ashford, Washington, Alexander's Country Inn Bed & Breakfast is one-mile from the Nisqually Entrance to Mount Rainier National Park. Built in 1912, Alexander's is a romantic Victorian hotel with 12-guest rooms, a spacious parlor with an oversized fireplace and an antique brass chandelier. The inn retains its historic charm and character while still providing modern amenities. The guest rooms — Tower Suites, Petite Suites & Queen Rooms—vary in size and character. A complimentary breakfast is served in the restaurant, evening wine and hot tub are also included in the daily rate. Alexander's has two self-catered vacation rentals, The Forest House & The Chalet. Alexander's is open year-round. Alexander's is recognized by: AAA, Northwest Best Places, Mobil Travel Guide, Frommers, Fodor's.



§ *Alexander's Gift Certificates* §

The perfect gift for any occasion...
engagement, wedding, birthday,
anniversary, retirement,
corporate gifts,
holidays & more.

Alexander's gift certificates may be
used for overnight lodging, meals in
the

restaurant, services at
Alexander's Day Spa,
as well for merchandise in
Alexander's Gift Shop.

To purchase a gift certificate,
call or e-mail Alexander's.

Making a reservation at
Alexander's Day Spa:

Reservations may be made by
calling or e-mailing Alexander's.
Phone: (800) 654-7615 or
(360) 569-2300.
E-mail: info@alexanderscountryinn.com

Same day appointments are
limited to availability.
Reservations are encouraged.
Our reservationists will be happy to
explain the different spa services and
answer any questions.
If you'd like, you may request that
Alexander's Spa Coordinator,
Robin Jacobs, contact you prior to your
arrival.

§ Please arrive at least 15-minutes
prior to your appointment. Check-in at
the front desk at the inn. Clients who
arrive late for their appointment may
have less treatment time or be asked
to re-schedule.

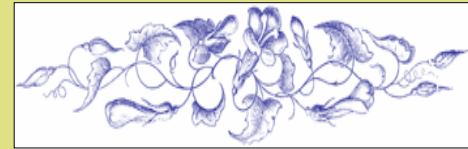
§ Payment is due when you check-in.
We accept Visa/MasterCard &
cash. (No checks, please.)



*Alexander's Country
Inn's*

Day Spa

*Offering
massage therapy,
spa treatments, wraps,
scrubs,
facials & more.*



Alexander's Country Inn, Restaurant &
Day Spa at Mount Rainier

37515 State Road 706 East
Ashford, WA 98304
Phone: 800-654-7615
360-569-2300

E-mail: info@alexanderscountryinn.com

Prices and services are subject to change.

Massage Therapy

Spa Treatments

Facial Massage Treatments

Swedish Full-Body Massage

Increases circulation & releases tension for the body & the spirit.

1 hour 70.

We use all natural ingredients, packed full of vitamins, minerals & antioxidants—creating a unique and healthful experience. healthful spa experience.

Alexander's facial massage treatments include cleansing, steaming, exfoliation, moisturizing & toning & facial massage.

Deep Tissue

Direct pressure, utilizing breathing and/or applications of hot or cold.

1 hour 85.

Wraps

The body is coated with a custom blend of botanicals and essential oils then wrapped in warming blankets. Replenish vital nutrients with an herbal steam shower & application of moisturizer.



Alexander's Fresh Fruit Facial

Seasonal fresh fruit nourishes and soothes the face. Naturally purifying.

1 hour 70.

Neck, Back & Shoulders

Focused localizing treatment, releases and reduces stress in chronic tension areas.

1 hour 70.

Herbal Body Wrap

1 hour 70.

European Clay Wraps

The body is covered with mineral rich clay, then cocooned. Eliminates toxins and renews & refines the skin. eliminating toxins.

1 hour 75.

European Clay Facial

Detoxifies the skin, renews the skin's natural radiance & vitality.

1 hour 70.

Heated Riverstone

Especially beneficial to deep muscles —without extreme pressure. Intensely relaxing.

1 hour 90.

Seasonal Wraps

Price varies

Gentleman's Request

Essential oils of lime & juniper—formulated specifically for men's skin care. Scalp Massage included.

1 hour 70.

Spa Packages



Scrubs



Ala Carte Services



§ Spa Sampler

30-minute massage, aroma wrap & two *ala carte* services.

2 hours 135.

Scrubs cleanse, exfoliate & tone the entire body leaving the skin refreshed and radiant. Herbal steam shower & application of moisturizer included.

Add any one *Ala carte*

service to a full spa treatment or package for an additional \$35. Allow 30- minutes.

§ Special Occasion

Alexander's fresh fruit facial
30-minute massage
Wrap or scrub of choice &
One *ala carte* service.

2.5 hours 170.

Citrus & Salt Gommage

An invigorating exfoliation using essential oils of grapefruit & tangerine, mixed with sea salt.

1 hour 70.

Dry Brushing & Full Body Exfoliation

Hot Oil Hair & Scalp Massage

2 hours 135.

Lavender Sugar Scrub

Fresh lavender flowers & lavender essential oil are combined for a delicious treatment.

1 hour 70.

Herbal Steam Shower

Paraffin Dip & Hands or Feet

§ After a Day on the Mountain...

Herbal Steam Shower
Neck, Back & Shoulder Massage
Botanical Foot Soak, Wrap & Massage.

About Alexander's Spa Coordinator:

Robin Jacobs, LMP is a licensed Massage Practitioner with 8-years of experience. Robin graduated from the Seattle Massage School and is a longtime resident of Ashford. Robin Jacobs' Washington State license #: MA00011929



Aroma Wrap & 30-minute Aromatherapy Wrap